



Listen to Life

with Dr. Joey Faucette

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“Are You Purring?”

I sat, relaxing with the newspaper, enjoying some quiet time. All of a sudden, a bird starts making all kinds of noises just outside the window. Well, at first, I ignore it, but it keeps on. So finally, I get up to investigate. And as I step out on the porch, I see the bird—it’s a baby mockingbird—perched in a Japanese maple, squawking at Maybelle, our cat, who’s sitting on the porch, staring off across the horse pasture. And the bird who bothered me, doesn’t seem to bother Maybelle at all. She sees me and saunters over, rubs herself against my legs, letting me know that I have permission to pet her. And so I do for a couple of minutes while she purrs. All the while, this baby bird is still screaming at us. But Maybelle just doesn’t mind.

There is always someone or something squawking at you in life, isn’t there? Like Maybelle, don’t get upset. Just ignore it, let God pet you, and purr as you listen to life and make a life, not just a living.

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